

Soy & Honey-Baked Chicken Wings....6.50

sesame seeds, spring onion, coriander

(**G, S, MU, SE** / N, D, SD) 794 kcal



Chef's Message

Head Chef Adam and the kitchen team are passionate about what they do. They take pride in sourcing the finest local ingredients while also seeking out the best seasonal produce from further afield. Every dish is cooked fresh to order, so if you're short on time, just let us know.

Grazing & Sharing

7.95

		Grazing & Graring		
Sweet Potato Houmous (ve, gfo)	ANY 3 DISHES	Padron Peppers (ve, gf) 5.25 Maldon salt ₇₄ kcal	ANY 3 DISHES	Warm Focaccia (ve)
Pigs in Blankets 5.45 honey & mustard glaze (G, S, MU, SD) 423 kcal	13.00	Crispy Whitebait (gfo) 5.25 dill mayonnaise, lemon wedge (F, E, MU) 329 kcal	13.00	Mediterranean Olives (ve, gf) (SD) 194 kcal
		Starters		
Soup of the Season (gfo)		Sautéed Wild Mushrooms (v, veo) 7.45 tarragon cream, toasted focaccia (G, S, D, SD/E) 444 kcal		Roasted Harissa Cauliflower (ve)sweet potato houmous, crispy root vegetables

Loaded Potato Skins (veo, gf).

Feta, bacon crumb, harissa dressing (D) 422 kcal

Asian style slaw, wasabi & yuzu dressing (G, MO, S, E) 432 kcal

Salt & Pepper Squid Bao Bun

Roasted Harissa Cauliflower (ve)	
Pork Scotch Egg 7.45 onion bhaji batter, coriander raita (G, S, E, D, SD/SE)729 kcal	

4.75

Main Courses Fish & Chips (gf) 14.95/17.95 beer-battered fish, chunky chips, mushy peas, tartare sauce (F, E, MU) 1264 kcal / 1328 kcal only the small portion is included in the fixed price menu **Lamb's Liver & Bacon** (gf)... 14.95 port-braised button mushrooms, baby onions, kale, herb-buttered mash (S, SD/D) 1434 kcal Pie of the Day 16.45 seasonal vegetables, mash or chunky chips, stock gravy ask for allergens & calories Roasted Pork Belly (gf)... pear & apple purée, sweet potato mash, buttered kale, jus, pork crisp (S, D, CE) 1325 kcal **Braised Lamb Shoulder Pie** (gf)... 17.45 buttered mash, pan gravy, braised red cabbage, roasted beets (S, CE/SD)1665 kcal Plaice Fillet 16.95 caramelised sprouts & pancetta, crushed new potatoes, caper & parsley white wine sauce (G, F, D, SD / CE, MU) 824 kcal 80z Flat Iron Steak (gf). 21.95 chunky chips, peppercorn sauce, salad (D, SD/L,CE) 1120 kcal

The Swan Cheeseburger 60z British beef patty, burger sauce, Cheddar cheese, toasted brioche bun, coleslaw, herb-salted skinny fries (<i>G, E, MU, SD/C, F, S, D, SE</i>) 853 keal	16.45
Symplicity Vegan Burger (ve) onion marmalade, Applewood Cheddar, pickled slaw, herb-salted skinny fries, brioche bun (G, S/D, SD) 771 kcal	15.95
Pan-Seared Chicken Supreme (gfo)	16.95
Mushroom Bourguignon (ve, gf)	14.95
Caesar Salad (gfo) anchovies, baby gem lettuce, smoked pancetta, herb croutons, caesar dressing (G, F, E, D, MU, SD/S, CE) 516 kcal add pulled chicken 102 kcal 2.00	13.95
Superfood Salad (ve, gfo) lemon dressing, broccoli, pickled sprouts, pomegranate, sweet potato, toasted seeds (G, SE, SD/S) 539 kcal add pulled chicken 102 kcal 2.00	14.45

Sides

Chunky Chips (ve, gf) herb salt(SD) 642 kcal	Buttered New Potatoes (v, veo, gf) (D) 33	5 kcal 4.25
Skinny Fries (ve, gf) Maldon salt(SD) 274 kcal4.25	Braised Red Cabbage	205
Beer-Battered Onion Petals (ve, gf)4.25	& Roasted Beets (ve, gf) (SD) 101 kcal	3.95
arlic aioli(SD) 297 kcal	Smashed Brussels Sprouts & Smoked Pancetta (vo, veo)	4.50
Grilled Rosemary Focaccia (ve)	(G/F, S, D, CE, SD) 203 kcal	4.50

0% FAT, 100% HOSPITALITY All proceeds from Invisible Chips go to Hospitality Action, who offer help and support to people in Hospitality in times of crisis. Thanks for chipping

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Desserts

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Sticky Toffee Pudding (v). butterscotch sauce, clotted cream ice cream (G, E, D/N, S) 1202 kcal	6.4
Caramelised Apple & Pear Crumble (v, veo, gfo)custard or ice cream (G, D, CE, SD/S, E) 388 kcal	6.4
Irish Cream & Dark Chocolate Cheesecake (v) mixed berry compôte (G, S, D/E) 697 kcal	6.9
Tonka Bean Crème Brûlée (v)sugared shortbread, fig & cranberry chutney (G, E, D, SD /S) 836 kcal	6.9

Chocolate & Caramel Tart (ve, gfo)raspberry sorbet, freeze dried raspberries (S/G, C, F, N, E, CE, D, N	
Affogato (v, veo, gfo)rum & raisin ice cream, house-blend espresso, amaretti mac	4-45 aroon (G, E, D /N, S) 108 kcal
Selection of Ice Creams & Sorbets (v, veo, gf)ask for today's selection ask for allergens & calories	4-45
Cheeseboard Selection of Artisan Cheeses (v, gfo) celery, caramelised red onion chutney, grapes, water biscuits	

Invisible Chips

hospitalityaction.org.uk

If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal. Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur





Children Eat Free on Sundays

Get one free children's three-course meal from our Children's Menu when you purchase a full-priced adult main course.

Drinks not included. Dishes and offer subject to availability. Offer only available for children aged 12 and under.



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Afternoon Tea

Join us every day between 2pm and 5pm for our sumptuous Afternoon Tea. Enjoy a selection of finger sandwiches and sweet treats with unlimited tea or coffee.

Why not add a glass of fizz and make it extra special?

Afternoon Teas must be pre-booked.

www.theswanstafford.co.uk





