# BREAKFAST

#### Coachman's Full English £12.75

Lincolnshire sausage, smoked bacon, mushroom, tomato, beans, egg, black pudding, hash brown SD, E, D, G 997 Kcal

#### Vegan Breakfast £12.75

Vegan sausage, vegan black pudding, grilled tomato, mushroom, baked beans, hash browns **VE** G, S, SD, CE 533 kcal Add creamed spinach and hen's eggs **V** E, D 120 kcal

#### Smashed Avocado on Toasted Sourdough £9.45

Poached hen's egg, sun blushed tomatoes, flaked almonds V, GF ON REQUEST G, N, E, SE 562 Kcal

#### Boston Beans on Toast £8.95

Sourdough toast, BBQ beans VE G, MU, SE, E 356 Kcal Add a fried hen's egg with our compliments V E 60 Kcal

#### Vegan Pancake Stack £6.95

Blueberry compote VE, GF S 454 Kcal Add bacon £1.95 256 Kcal or chicken & maple syrup £2.45 G, SD 224 Kcal

#### Classic Three Egg Omelette £9.95

Green salad V, GF E, MU 626 Kcal

Add cheese **V** D 121 Kcal and/or ham SD 44 Kcal with our compliments.

#### Flat Iron Steak & Potato Hash £12.95

Black pepper mayonnaise, spinach, poached hen's eggs S, E, MU 598 Kcal

#### Eggs Benedict £9.25

English muffin, smoked bacon, brace of poached hen's eggs, Hollandaise sauce **GF ON REQUEST** G, S, E, D, SD 713 Kcal

#### Eggs Royale £13.45

English muffin, oak smoked salmon, a brace of poached hen's eggs, Hollandaise sauce **GF ON REQUEST** G, F, E, D, S 481 kcal

#### Eggs Florentine £9.25

English muffin, creamed spinach, a brace of poached hen's eggs, Hollandaise sauce V, GF ON REQUEST G, E, D, S 586 kcal

#### Spinach, Mushroom & Tomato Toasted Muffin £7.95

VE G, S 393 Kcal Add a hen's egg £1.50 V E 60 kcal

#### Bacon or Sausage Sandwich £4.95

Grilled rashers or sausages, white or malted brown bloomer G, D Bacon: 501 kcal / Sausage: 459 kcal Add A hen's egg £1.50 E 60 kcal

#### Continental Board £7.95

Pastry, yogurt, fruit salad, choice of cereal V ASK FOR ALLERGENS & CALORIES

#### Toasted Bloomer £2.45

White or malted brown bloomer V, VE & GF ON REQUEST G, D 214 Kcal Add preserve £1.00 VE, GF 95 Kcal

#### Toasted Teacake £3.95

V G, E, S, D 298 Kcal

# "One cannot think well, love well, sleep well, if one has not dined well."

## **VIRGINIA WOOLF**

**Our kitchen team love what they do.** Our food is cooked freshly to order, so let us know if you are in a hurry. We take great pride in sourcing close to home but venturing further afield across the country to utilise produce which is season's best. Some of our dishes can be made with no added gluten, please ask a member of our team who will be able to advise you.

### V: Vegetarian VE: Vegan GF: Gluten-Free

# If you have a food allergy, intolerance or sensitivity, please speak to your server before ordering your meal.

Please be aware our kitchens contain allergens of all kinds so we therefore cannot guarantee that any one dish can be free of all traces of any allergen. Items cooked within our fryers and ovens cannot be separated from allergenic ingredients and cross contamination may occur.

C: Crustaceans / CE: Celery / D: Dairy / E: Eggs / F: Fish / P: Peanuts G: Gluten / L: Lupin / N: Nuts / MO: Molluscs / MU: Mustard S: Soya / SD: Sulphur dioxide / SE: Sesame seeds

We add a discretionary 10% service charge on all our food items. 100% of all gratuities go directly to our team members. Please let your server know if you wish remove this element.

#### PART OF THE COACHING INN GROUP LTD



